



Iowa Team Nutrition Articles and Presentations

The following are articles and presentations at state and national conferences that showcased Iowa Team Nutrition grant-related activities and outcomes.

Publications

- What do parents think about school meals? An exploratory study of rural middle school parents' perceptions. *Journal of School Nursing*. (2020)
- [Actively Involving Middle School Students in the Implementation of a Pilot of a Behavioral Economics-Based Lunchroom Intervention in Rural Schools](#). *Schools as Settings for Health Promotion*. (2019)
- [Building relationships and capacity to change rural school lunchrooms: Lessons learned from a pilot study of a behavioral economics-based intervention](#). *Ecology of Food and Nutrition*. (2019)
- [Actively Involving Middle School Students in the Implementation of a Pilot of a Behavioral Economics-Based Lunchroom Intervention in Rural Schools](#). *Health Promotion Practice*. (2018)
- [Impacts of Scheduling Recess Before Lunch in Elementary Schools](#): A Case Study Approach of Plate Waste and Perceived Behaviors. *Journal of Child Nutrition Management*. (2016)

Presentations

- *Cultivating Cooking, Culture, and Community in Early Care Sites*. Food and Nutrition Conference and Expo - Philadelphia, PA. (2019)
- *Lessons Learned from the Healthy Schools Healthy Students Project: Strategies to Improve Future Team Nutrition Interventions*. Society of Nutrition Education and Behavior Conference (Poster Presentation) - Orlando, FL. (2019)
- *Mixed Methods Evaluation of Healthy Schools Healthy Students: Implementation and Outcomes from a School-Based Intervention*. Society of Nutrition Education and Behavior Conference (Poster Presentation) - Orlando, FL. (2019)
- *Supporting Healthy Habits in Childcare with Online Trainings for CACFP Participants*. Society of Nutrition Education and Behavior Conference (Poster Presentation) - Orlando, FL. (2019)
- *CACFP Trainer's Circle, Iowa Learning Online Professional Development*. National CACFP Sponsors Child Nutrition Conference (Oral Presentation) - Chicago, IL. (2019)
- *Examining Nutrition Knowledge, Attitudes, and Preferences in Rural, Fourth Grade Students: Implications for Future Nutrition Interventions*. American Public Health Association Annual Meeting (Poster Presentation) - San Diego, CA. (2018)
- *Involving Students and Increasing Communication: Results of a Behavioral Economics Informed Lunchroom Intervention in Middle Schools*. The Society for Nutrition Education and Behavior Conference (Poster Presentation) - Minneapolis, MN. (2018)

- *Developing a Food Production Record Template for Use as an Evaluation Tool in School Lunchrooms.* The Society for Nutrition Education and Behavior Conference (Poster Presentation) - Minneapolis, MN. (2018)
- *The “Healthier” Choice: A study of Iowa Parents’ Perceptions of School Lunch.* Iowa Governor’s Conference on Public Health (Poster Presentation) - Des Moines, IA (2018)
- *Differing Perceptions of the School Lunchroom Experience: Implications for messaging to Parents and Students.* American Public Health Association Annual Meeting (Poster Presentation) - Atlanta, GA. (2017)
- *Students Shape School Lunches of Tomorrow.* Society of Nutrition Education and Behavior (Oral Presentation) - Washington, DC. (2017)
- *Challenges Encountered Engaging Stakeholders in a School-Based Setting: Lessons Learned from Working Collaboratively with Food Service Directors and Students to Improve School Lunchrooms.* Society for Public Health Education Conference (Poster Presentation - Denver, Co. (2017)
- *How to Be a School Wellness Champion.* Food and Nutrition Conference & Expo (Oral Presentation) - Chicago, IL. (2017)
- *Satisfy Students’ Taste Preferences Through Smarter Lunchroom Changes.* Society of Nutrition Education and Behavior (Poster Presentation) - San Diego, CA. (2016)
- *Healthy Schools: It’s a Team Effort - Workshops Help Iowa Teachers and Students.* Iowa Academy of Nutrition and Dietetics Conference (Poster Presentation) - Des Moines, IA (2016)
- *Making the Connections: Delivering Nutrition and Wellness Resources to Early Care Providers.* American Public Health Association Annual Meeting (Oral Presentation) - Chicago, IL. (2015)