



Physical Education Programs

Physical education may be waived for secondary cooperative education/work-based learning students with local education agency approval. This provision in the law allows more flexibility for schools in meeting individual students' goals and needs. The text of the law is shown below.

Iowa Code 12.5 (5)

All physically able students shall be required to participate in the program for a minimum of one-eighth unit during each semester they are enrolled except as otherwise provided in this paragraph. A twelfth-grade student may be excused from this requirement by the principal of the school in which the student is enrolled under one of the following circumstances:

- A cooperative, work-study, or other educational program authorized by the school which requires the student's absence from school premises during the school day.
- Academic courses not otherwise available.
- An organized and supervised athletic program, which requires at least as much time of participation per week as one-eighth unit of physical education.

For More Information...

Check with the Iowa Department of Education.

515-281-5332

<https://www.educateiowa.gov/pk-12/content-areas/physical-education>