

## Iowa CACFP Home Sponsor Organizations

\* Shared Counties

4 C's of Johnson County  
Iowa City 319-338-7684  
Cedar, Clinton, Johnson

Charlie Brown  
Mason City 641-424-5777  
Cerro Gordo, Floyd, Franklin, Hancock, Hardin, Mitchell,  
Winnebago, Worth, Wright\*

Community Action Agency of Siouxland  
Sioux City 712-274-1610  
Cherokee, Ida, Plymouth, Woodbury

Community Action of Southeast Iowa  
Burlington 319-753-0193  
Des Moines, Henry, Lee, Louisa, Muscatine

Exceptional Persons, Inc.  
Waterloo 319-233-0804  
Black Hawk, Bremer\*, Buchanan, Butler, Grundy, Tama\*

Friendly House  
Davenport 563-323-1821  
Scott

Hawkeye Area Community Action Program  
Hiawatha 319-739-0596  
Benton, Delaware, Dubuque, Iowa, Jackson, Jones, Linn,  
Washington

Mid-Iowa Community Action  
Ames 515-956-3313  
Boone, Calhoun, Greene, Hamilton, Humboldt, Kossuth,  
Marshall, Pocahontas\*, Story, Tama\*, Webster, Wright\*, Jasper\*

New Opportunities  
Carroll 712-792-9266  
Adair\*, Audubon, Carroll, Dallas, Guthrie, Madison, Sac,  
Warren\*

Northeast Iowa Community Action  
Decorah 563-382-8436  
Allamakee, Bremer\*, Chickasaw, Clayton, Fayette, Howard,  
Winneshiek

Polk Co Community, Family & Youth Services  
Des Moines 515-286-3703  
Polk

Sieda Community Action  
Ottumwa 641-682-8741  
Appanoose, Davis, Jasper\* Jefferson, Keokuk, Lucas, Mahaska,  
Marion, Monroe, Poweshiek, Van Buren, Wapello, Warren\*,  
Wayne

Union County Extension  
Creston 641-782-8426  
Adair\*, Adams, Clark, Decatur, Ringgold, Taylor, Union

## Iowa CACFP Home Sponsor Organizations (con't)

\* Shared Counties

Upper Des Moines Opportunity  
Graettinger 712-859-3885  
Buena Vista, Clay, Dickinson, Emmet, Lyon,  
O'Brien, Osceola, Palo Alto, Pocahontas\*, Sioux

West Central Community Action  
Harlan 712-755-5135  
Cass, Crawford, Fremont, Harrison, Mills, Monona,  
Montgomery, Page, Pottawattamie, Shelby



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# IOWA

 **CHILD  
& ADULT  
CARE FOOD  
PROGRAM**

Iowa Department of Education  
Bureau of Nutrition and Health Services  
400 E 14th St  
Grimes State Office Building  
Des Moines, IA  
50319-0146  
(515) 281-5356

Website: <http://www.educateiowa.gov>  
Click A to Z Index, N, Nutrition Programs,  
then Child and Adult Care Food Program

## Overview of the CACFP

The Child and Adult Care Food Program (CACFP) provides reimbursement for nutritious meals and snacks served to children and functionally impaired adults in child care homes. CACFP is a federally funded program by the United States Department of Agriculture (USDA).

## CACFP Goals

- Assure well balanced, nutritious meals are served to participants in care.
- Provide a subsidy for meals and snacks served to children and adults in care.
- Develop lifelong healthy eating habits.
- Foster lifelong healthy eating and physical activity habits.

## CACFP Serves:

- Children age 0-12 years in child care homes.
- Children of migrant workers, through age 15.
- Functionally impaired disabled persons, of any age, receiving care in a child care home where most children are preschool age or younger.

## Home Provider Eligibility

To be eligible for CACFP participation in Iowa, a provider must have a current Iowa Department of Human Services (DHS) Child Development Registration (A, B, C1, C2),

OR

be approved by Iowa DHS as a Child Care Home (with a Child Care Assistance Provider Agreement) and have a DHS Health, Safety, and Fire inspection.

## Home Provider CACFP Participation

Eligible home providers must be sponsored by an Iowa Home Sponsor Organization. Home Sponsors are responsible for outreach activities, pre-approval visits to explain CACFP requirements, onsite monitoring, providing in-home nutrition related activities for providers and/or children during reviews, reviewing provider CACFP records and claims prior to submission to the Iowa Department of Education, paying reimbursement to providers, offering CACFP related trainings, and providing technical assistance to providers.

## How to Apply for CACFP Participation

1. Contact the Home Sponsor for your county.
2. Request to schedule a pre-approval visit.
3. Become familiar with the CACFP requirements.
4. Start keeping records.
5. Submit a signed Provider - Sponsor Agreement.

## Recordkeeping Requirements

Monthly CACFP records are submitted to the Home Sponsor. The Sponsor is responsible for reviewing the records and determining the amount of earned reimbursement. The following records are required for reimbursement:

- Child Enrollment
- Daily Meal Participation
- Daily Attendance
- Menus
- Infant Menus (if children under age 1 are enrolled for care)

**Providers are responsible for maintaining accurate CACFP records. Providers must complete required CACFP records by the end of each child care business day.**

## CACFP Meal Reimbursement Rates

Rates effective July 1, 2022 to June 30, 2023.  
Rates are adjusted annually on July 1.

Meals	Tier 1	Tier 2
Breakfast	1.66	1.66
Lunch and Supper	3.04	3.04
Snacks	.97	.97

## Program Nutrition Requirements

CACFP meals must include required food components in required amounts. Providers must serve meals that fulfill the USDA meal pattern for the age group(s) served.

## Infant Meal Patterns

Birth through 5 months

Breastmilk or formula for all meals and snacks

6 through 11 months

Breastmilk or formula for all meals and snacks

Breakfast, Lunch/Supper

Infant cereal and/or Meat/meat alternate  
Vegetables and/or fruits

Snacks

Bread, crackers, infant cereal, or ready-to-eat  
breakfast cereal  
Vegetables and/or fruits

## Child Meal Patterns (Ages one and over)

### Breakfast

(3 Components)

Milk  
Fruit/Vegetable  
Grain or  
Meat/Meat Alt

### Lunch/Supper Snacks

(5 Components)

Milk  
1 Veg & 1 Frt or 2 Veg  
Grain  
Meat/Meat Alt.

(2 of 5 Components)

Milk  
Fruit &/or Veg  
Grain  
Meat/Meat Alt.

One year olds must be served whole milk. Skim or 1% milk must be served to participants over two years of age. Adults in care follow a separate meal pattern.

## Estimating Your Reimbursement

Providers may be reimbursed for two meals and one snack or one meal and two snacks per participant each day. Allowable meals to be reimbursed include breakfast, lunch, morning and afternoon snack, supper, and evening snack.

