



**TEAM NUTRITION**  **IOWA™**

# CACFP Conference

Healthy Habits for a New Generation

April 24-26



IowaCACFP

#IowaCACFP

**April 24** Preconference Workshop – Grimes State Office Building, 400 E 14<sup>th</sup> St, Des Moines, IA

| CACFP Basics for Centers                                                                                                                                                                                   | Time    | Location   | Presenter   |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|------------|-------------|
| Registration                                                                                                                                                                                               | 1:00 pm | Room B-100 | Robin Holz  |
| <b>Welcome and Introductions</b><br>Permanent Records and Procedures<br>Monthly and Daily Reports and Procedures<br>Preparing for a Review<br>Addressing Review Corrective Action<br>Questions and Answers | 1:15pm  |            | Jaci Graves |
| Adjourn                                                                                                                                                                                                    | 4:00 pm |            |             |

**April 25** Lutheran Church of Hope, [925 Jordan Creek Parkway, West Des Moines](#) (Entrance: SW Circle Drive)

| Topic                                                                             | Time            | Location                                      | Presenter                                |
|-----------------------------------------------------------------------------------|-----------------|-----------------------------------------------|------------------------------------------|
| Registration <i>(no breakfast provided)</i>                                       | 8:30 am         | Atrium                                        |                                          |
| Welcome<br>Opening Remarks and Introductions                                      | 9:00 am         | General Session<br>Bridge                     | Ann Feilmann<br>Bureau Chief             |
| Keynote – Mealtime Environment<br>USDA Mountain Plains Region Nutritionists       | 9:15 am         | General Session<br>Bridge                     | Jessica Creed-Capsel<br>Katrina Westphal |
| Identifying Creditable Grains & Whole Grain-Rich                                  | 10:15 am        | General Session<br>Bridge                     | Katrina Westphal<br>Jessica Creed-Capsel |
| <b>Break</b>                                                                      | <b>11:00 am</b> |                                               |                                          |
| Fruit and Vegetable Subgroups<br>Best Practices, Menu, Recipe, and Activity Ideas | 11:15           | General Session<br>Bridge                     | Katrina Westphal<br>Jessica Creed-Capsel |
| New Team Nutrition Resources<br>Including introduction to lunch recipes           | 12:00 pm        | General Session<br>Bridge                     | Patti Delger                             |
| <b>Lunch</b>                                                                      | <b>12:30 pm</b> | Bridge                                        |                                          |
| <b>Meal Pattern Implementation Panel</b>                                          | <b>1:30 pm</b>  | <i>Center Breakout</i><br>Bridge              | Robin Holz<br>Panel of Center Staff      |
| Healthy Habits Start Early Project<br>NAP SACC & Minnesota Mealtime Assessment    | 1:30 pm         | <i>Home Sponsor</i><br><i>Breakout Rm 214</i> | Erin Olson, IDPH<br>Carrie Scheidel      |
| <b>Break: Creamy Dip with vegetables</b>                                          | <b>2:45 pm</b>  |                                               |                                          |
| Point of Sale Crediting - Phone App                                               | 3:00 pm         | Bridge                                        | Angie Davis<br>Robin Holz                |
| Wrap up                                                                           | 3:45 pm         | Bridge                                        | Patti Delger                             |
| Adjourn                                                                           | 4:00 pm         |                                               |                                          |

**April 26** Lutheran Church of Hope, [925 Jordan Creek Parkway, West Des Moines](#) (Entrance: SW Circle Drive)

| Topic                                                                                                                                                                                                                                                                                                                                                                 | Time            | Location                                           | Presenter                                                                                                                                    |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|----------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Registration:</b> <i>Café Hope Coffee Shop</i> open for purchases from 8:30am – 10:30am                                                                                                                                                                                                                                                                            | <b>8:30</b>     | <b>Atrium</b>                                      |                                                                                                                                              |
| Welcome and Introductions                                                                                                                                                                                                                                                                                                                                             | 9:00 am         | <i>General Session</i><br>Bridge                   | Ann Feilmann<br>Jane Heikenen                                                                                                                |
| Easy Healthy Food Preparation Tips                                                                                                                                                                                                                                                                                                                                    | 9:15 am         | <i>General Session</i><br>Bridge                   | Chef Brent Baade,<br>DMACC                                                                                                                   |
| Farm to CACFP & Gardening                                                                                                                                                                                                                                                                                                                                             | 10:00 am        | <i>General Session</i><br>Bridge                   | Kelly Hanson, Iowa<br>AEYC                                                                                                                   |
| Cleaning and Sanitizing<br>What's on the Market?                                                                                                                                                                                                                                                                                                                      | 10:45 am        | <i>General Session</i><br>Bridge                   | Jaci Graves                                                                                                                                  |
| <b>Contracted Meals Working with Vendors</b>                                                                                                                                                                                                                                                                                                                          | <b>10:45 am</b> | <b>Center Breakout</b><br><b>Room 214</b>          | <b>Julie Breshears</b>                                                                                                                       |
| <b>Break</b>                                                                                                                                                                                                                                                                                                                                                          | <b>11:15 am</b> |                                                    |                                                                                                                                              |
| Management Plan Magic                                                                                                                                                                                                                                                                                                                                                 | 11:30 am        | <i>Home Sponsor</i><br><i>Breakout</i><br>Room 214 | Suzanne Secor Parker                                                                                                                         |
| <b>Center Application Renewal Tips</b>                                                                                                                                                                                                                                                                                                                                | <b>11:30 am</b> | <b>Center Breakout</b><br><b>Bridge</b>            | <b>Robin Holz</b>                                                                                                                            |
| <b>Lunch</b> (introduce recipes)                                                                                                                                                                                                                                                                                                                                      | <b>12:15 pm</b> |                                                    | Patti Delger                                                                                                                                 |
| CACFP Infant Feeding<br>New Meal Pattern Requirements<br>Baby-led Feeding                                                                                                                                                                                                                                                                                             | 1:15 pm         | <i>General Session</i><br>Bridge                   | Jessica Creed-Capsel,<br>MPRO Nutritionist                                                                                                   |
| New Interactive Food Buying Guide                                                                                                                                                                                                                                                                                                                                     | 1:15 pm         | <i>General Session</i><br>Room 214                 | Katrina Westphal,<br>MPRO Nutritionist                                                                                                       |
| <b>Break: Fruit-alcious Cup</b>                                                                                                                                                                                                                                                                                                                                       | <b>2:00 pm</b>  |                                                    |                                                                                                                                              |
| <b>New Meal Pattern Mashup</b><br>Pick 4 stations - 12 minutes each rotation<br>1. Infant feeding<br>2. Creditable Cheese<br>3. Meats - lean, limits on processed, CN labels<br>4. Meat alternates - tofu, beans, yogurt,<br>peanut and sunflower nut butters<br>5. Creditable Grains<br>6. Vegetable subgroups<br>7. Beverages - milk, juice, milk subs, water, etc. | 2:15 pm         | <i>General Session</i><br>Bridge                   | Patti Delger<br><br>Suzanne Secor Parker<br>Jaci Graves<br>Dean Flaws<br>Jane Heikenen<br><br>Julie Breshears<br>Lisa Robinson<br>Robin Holz |
| CACFP Online Training Updates                                                                                                                                                                                                                                                                                                                                         | 3:30 pm         | <i>General Session</i><br>Bridge                   | Patti Delger<br>Robin Holz                                                                                                                   |
| <b>Wrap Up &amp; Adjourn</b>                                                                                                                                                                                                                                                                                                                                          | <b>4:00 pm</b>  | <b>General Session</b><br><b>Bridge</b>            | <b>Robin Holz</b>                                                                                                                            |

