



NSLP/SBP and SSO Comparison Chart

Below is a comparison between the National School Lunch (NSLP)/School Breakfast Program (SBP) and Seamless Summer Option (SSO) for the 2021-2022 school year. Utilize the information to determine which meal program best meets the needs of your schools. document may be revised as new information becomes available.

Topic	NSLP/SBP	SSO
Meal Cost for Children	Meal cost for children is based on their income eligibility (free/reduced price/paid).	All meals are free.
Free and Reduced Price Meal Applications & Verification	Free and Reduced Price meal applications will need to be collected and eligibility determinations made. Verification is required.	Not required for SSO. SFAs must make Free and Reduced-Price Meal Applications available as they may be needed to determine eligibility for other programs such as P-EBT. Verification is required if applications are collected.
Reimbursement Rate	Breakfast* - <ul style="list-style-type: none"> • Free: \$1.89 • Reduced price: \$1.59 • Paid: \$0.32 Lunch** - <ul style="list-style-type: none"> • Free: \$3.58 • Reduced price: \$3.18 • Paid: \$0.40 Afterschool Snack - <ul style="list-style-type: none"> • \$0.96 *May include an additional \$0.37 for Free & Reduced price for Severe Need. **These are the SY20-21 rates and include the performance-based cash assistance. Updated rates will be issued when available.	SFSP self-prep/rural rates will be used in SSO for school year 2021-2022. Breakfast - <ul style="list-style-type: none"> • \$2.4625 Lunch/Supper - <ul style="list-style-type: none"> • \$4.3175 Snack - <ul style="list-style-type: none"> • \$1.0200 These rates will apply up through December 31, 2021. Rates for schools operating SSO will be updated in January 2022.



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Days of Service	<p>Meals may be served Monday through Friday, when school is in session.</p> <p>Schools are not allowed to serve meals on weekends or holidays.</p> <p>RCCIs may choose to serve meals on weekends.</p>	<p>Meals may be served Monday through Friday, when school is in session.</p> <p>Schools are not allowed to serve meals on weekends or holidays.</p> <p>RCCIs may choose to serve meals on weekends.</p>
Meal Types	<ul style="list-style-type: none"> • Breakfast • Lunch • Afterschool Snack 	<ul style="list-style-type: none"> • Breakfast • Lunch • Snack (AM or PM) • Supper
Maximum Number of Meals Served	Can participate in all Meal Types.	<p>Up to 2 meals OR 1 meal and 1 snack per day per child for most sites. Lunch & supper cannot be reimbursed for the same day for the same site.</p> <p>May partner SSO meals with NSLP Afterschool and/or CACFP At-Risk Afterschool Program.</p>
Establishing Site Eligibility	Public or nonpublic schools RCCIs	<p>All sites are eligible to operate, regardless of location. May operate as either:</p> <p>Open - sites that serve all children 18 & under, including children not enrolled in school.</p> <p>or</p> <p>Closed Enrolled - sites that serve only an identified group of children age 18 and under, such as the students enrolled in the school in SY21-22.</p>
Meal Pattern	NSLP/SBP pattern. More information on meal pattern waivers will be provided. SFA action will be required.	NSLP/SBP pattern. More information on meal pattern waivers will be provided. SFA action will be required.
Food Production Records	Required	Required



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Point of Service (POS)	<p>Student names must be collected and meals are charged based on eligibility status (free/reduced price/paid).</p> <p>Meals must be counted at the point where meals are distributed using an electronic POS.</p>	<p>Student names and eligibility status are not required.</p> <p>Meals must be counted at the point where meals are distributed using a meal count tally form or other method.</p>
Monitoring Requirements of SFA	Review of lunch counting and claiming system for each school by February 1st each year.	Review of meal counting, claiming and meal pattern compliance at least once during each site's operation.
Monitoring Requirements of State	Administrative reviews every 5 years (FSMCs every three years).	Administrative reviews consistent with NSLP/SBP requirements.
IowaCNP Program Application Requirements	<p>Complete NSLP/SBP sites in the SNP application packet in IowaCNP when available.</p> <p>School Nutrition Program applications for SY21-22 should not be started until further guidance is provided by the state agency.</p>	<p>Complete SSO sites in the SNP application packet in IowaCNP when available.</p> <p>Seamless Summer Option applications for SY21-22 should not be started until further guidance is provided by the state agency.</p>

This institution is an equal opportunity provider.