



Breakfast in the Classroom



- Breakfast in the classroom provides nutritious meals to students who do not have time to eat breakfast before school.
- Children can look forward to a good breakfast in the comfort of the familiar surroundings of their classroom.
- If the cafeteria is too small, crowded or in use, more students can eat a good breakfast when served in the classroom.

Fact Sheet

Who:	Meet with key decision makers at your school to initiate the program. Obtain approval and support from administrator, principal, teachers and food service staff. Staff at each school receives training for set-up and implementation.
What:	A bagged breakfast or individually wrapped servings of breakfast components, served in the classroom, to offer students an opportunity to eat breakfast they may have missed.
When:	During announcements or morning break time.
Where:	Breakfast will be delivered to the classrooms in carts or picked up in the cafeteria by student representatives from each class.
Why:	To increase participation in the breakfast program. Increases speed and convenience of service. Provides a nutritious meal to students.
How:	The cart contains prepacked bags or individually wrapped, reimbursable breakfast components. Teachers record meals when served to the students.

Will this work for my school? Circle YES/NO after each of the following statements to determine if Breakfast in the Classroom will work for your school

1. School buses arrive at school just in time for school to begin.	YES	NO
2. Classrooms and the kitchen are on the same floor or have accessibility ramps.	YES	NO
3. Classroom schedules are flexible enough to incorporate breakfast into the day.	YES	NO
4. Food Service staff is willing to help with new breakfast option.	YES	NO
5. Your principal is usually open to new ideas and change.	YES	NO
6. Cafeteria is small and crowded.	YES	NO
7. There are one or more areas in the building where breakfast could be distributed.	YES	NO
8. Teachers realize the importance eating breakfast has to the learning process.	YES	NO
9. Cafeteria is centrally located for ease of service.	YES	NO